

## MEDICATIONS, VITAMINS AND SUPPLEMENTS TO AVOID

Your safety in surgery requires that you disclose all medications, vitamins and supplements that you regularly take. In the ( ) days prior to surgery, you will be required to stop taking certain medications, vitamins and supplements, both those you regularly take, and those that may be taken incidentally for pain or other symptoms.

Please notify ( ) M.D. of any and all medications you take during the ( ) days prior to surgery. If you have taken a medication that may put you at risk, it may require that your surgery be rescheduled, or postponed. This is for your safety.

**Before you stop taking any prescription drugs, you must receive clearance from the prescribing physician.** Please notify our office immediately if you do not receive clearance to stop taking your prescribed medications.

**The following drugs could cause life-threatening problems with surgery. If you are on these you must discuss this with the doctor. Patients who take these drugs may require laboratory tests and a consultation with their physician to determine when they may safely undergo a surgical procedure.**

Coumadin	Methotrexate
Elmiron-IC	Plavix
Fragmin and other Low Molecular Weight Heparin Drugs	Persantine

**Aspirin and aspirin-containing medications and anti-inflammatory agents must not be taken in the 2 weeks prior to surgery.** Always read the active ingredients on any over the counter or prescription drug packaging. Attached is a listing of common drugs containing aspirin for your reference.

**All Herbal or Dietary Supplements should be stopped 2 weeks prior to surgery.** This includes vitamins, and anti-oxidants supplements, as well as consumption of any form of Green Tea.

**There are several categories of additional medications that must not be taken in the 2 weeks prior to surgery.** A listing of these drugs is attached.

### Authorization

I have disclosed all of the medications, supplements and herbal remedies I take on a regular or incidental basis to ( ) M.D.

I understand that I am required to refrain from taking any of the above and below listed medications in the ( ) days prior to surgery. Should I take any of the medications, supplements or herbal remedies I am instructed to avoid, it is my obligation to notify ( ), M.D. I fully understand that my surgery may have to be rescheduled or postponed in the event that I have not complied with these medication restrictions listed.

I also understand that it is my responsibility to obtain clearance from the prescribing physician before I stop taking any of my regularly prescribed medications.

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Patient Signature or Personal Representative

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Date

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Printed Name of Patient or Personal Representative

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Relationship of Personal Representative to the Patient

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Signature of Practice Representative and Witness

**Aspirin and aspirin containing medications, include, but are not limited to the following:**

Alka Seltzer	Carisprodal Compound	Momentum
Alka Seltzer Plus	Cope	Norgesic
Anacin	Darvon Compound	Norgesic Forte
APAC Tablets	Darvon Compound 65	Orphengesic
APC Tablets	Doan's Pills	Orphengesic Forte
Arthritis Pain Reliever	Ecotrin	PAC
Arthropan	Emprin Compound	Pamprin
Aspirin Tablets USP	Emprin Compound #3	Percodan
ASA	Encaprin	Percodan Demi
ASA + Codeine	Equagesic	Propox Compound
Ascriptin	Excedrin	Robixisal
Asperbuf	Fiorinal	Sine Off
Aspergum	Fiorinal #3	Sodium Salicylate
Axotoal	Lortab ASA	SOMA Compound
BAC	Magnaprin	Synalgos
Bayer Aspirin	Measurin	Synalgos DC
Bufferin	Medipren	Trigesic
Butalbital Compound	Midol	Vanquish

**Anti-inflammatory medications include but are not limited to the following:**

Advil	Feldene	Naproxen
Aleve	Ibuprofen	Nuprin
Anaprox	Ifen	Orudis
Ansaid	Indocin	Ovuvail
Butazoladin	Indomethocin	Phenylbutazone
Cataflam	Meclomen	Ruten
Clinoril	Motrin	Tolectin
Daypro	Nalfon	Toradol
Dolobid	Naprosyn	Voltaren

**Additional medications to avoid, include, but are not limited to the following:**

Chloratrimeton	Mutli-vitamin	St. John's Wort
Clinoril	Mysteclin F	Surmontil
Elavil	Nicobid	Tagamet
Endep	Oraflex	Tenuate Dospan
Etiafon	Pamelor	Tetracycline
Flagyl	Parbate	Triavil
Flexoril	Phendimetrazine	Vibramycin
Imitrex	Phentermine	Vitamin E
Lioresal	Ru-Tuss	Zomax